

SEPTEMBER 2026

FOREVERWELL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FW CRAFTING DAY ROOM 103 9:00AM - 10:30AM 31	INDOOR TRACK: WALKING POKER ROOM 203 (MUST HAVE MIN 2 PEOPLE) 10:00AM - 10:30AM 1	TAI-CHI CHIH AEROBIC STUDIO 10:00AM - 11:00AM 2	MAHJONG @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM MEET FOR LUNCH @ 12PM (FIRST THUR OF THE MONTH) 3 MUSIC IN THE PARK WHEELER PARK, N. KATO 5:30PM (NATE BOOTS)	CRIBBAGE LOBBY 8:30AM - 9:30AM 4
YMCA CLOSED LABOR DAY 7	CRIBBAGE LOBBY 9:30AM - 10:30AM 8	TAI-CHI CHIH AEROBIC STUDIO 10:00AM - 11:00AM 9	MAHJONG @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM 10 MUSIC IN THE PARK WHEELER PARK, N. KATO 5:30PM (RAIN KINGS)	SEQUENCE LOBBY 10:30AM - 11:30AM 11
CRIBBAGE LOBBY 9:00AM - 10:00AM 14	EDUCATION: GRIEF & GROWTH SERIES ROOM 103 9:00AM - 10:30AM 15 BOOK CLUB: 'THIS TENDER LAND' ROOM 103 10:30AM - 11:30AM	TAI-CHI CHIH AEROBIC STUDIO 10:00AM - 11:00AM 16	MAHJONG @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM 17 MUSIC IN THE PARK WHEELER PARK, N. KATO 5:30PM (KALEB N NIGHTINGALES)	YAHTZEE LOBBY 10:30AM - 11:30AM 18
ADULT COLORING LOBBY 9:00AM - 10:00AM 21	EDUCATION: GRIEF & GROWTH SERIES ROOM 103 9:00AM - 10:30AM 22	CRIBBAGE LOBBY 9:00AM - 10:00AM 23 TAI-CHI CHIH AEROBIC STUDIO 10:00AM - 11:00AM	MAHJONG @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM 24 MUSIC IN THE PARK WHEELER PARK, N. KATO 5:30PM (INDIGO MOON)	CHAIR MESSAGES 9AM - 11AM 10 MIN EACH SIGN UP FRONT DESK FIRST COME, FIRST SERVE (\$ FREE WILL DONATION TO FW PROGRAM) 25
CRIBBAGE LOBBY 9:00AM - 10:00AM 28	EDUCATION: GRIEF & GROWTH SERIES ROOM 103 9:00AM - 10:30AM 29 VINE SENIOR EXPO MAYO EVENT CENTER 1:00PM - 4:00PM	TAI-CHI CHIH AEROBIC STUDIO 10:00AM - 11:00AM 30		

***ALL CLASSES SUBJECT TO CHANGE OR CANCELLATION BASED ON INSTRUCTOR AVAILABILITY OR UNFORSEEN EVENTS.

\$ - INDICATES COST FOR CLASS OR SELF-PAY AT EVENT

QUESTIONS? CALL OR EMAIL MICHELLE AT 507-345-9805 OR MCORDS@MANKATOYMCA.ORG