

# JUNE 2026

# FOREVERWELL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CRIBBAGE</b> LOBBY 9:30AM - 10:30AM <b>1</b>	<b>SEQUENCE</b> LOBBY 9:00AM - 10:00AM <b>2</b>	<b>TAI-CHI CHIH</b> AEROBIC STUDIO 10:00AM - 11:00AM <b>3</b>	<b>SONGS ON THE LAWN</b> 10:45AM - 12:15PM MEET IN LOBBY TO CAR POOL/WALK <b>MAHJONG</b> @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM MEET FOR LUNCH @12PM <b>4</b>	<b>BIKE RIDE ON RED JACKET TRAIL</b> MEET IN LOBBY 8:30AM - 10:00AM <b>5</b>
<b>COFFEE &amp; CHAT (TREATS)</b> LOBBY 8:30AM - 10AM <b>8</b>  <b>YMCA GOLF TOURNAMENT</b> NORTH LINKS GOLF COURSE 11:00AM \$160/GOLFER SIGN UP ONLINE	<b>CRIBBAGE</b> LOBBY 9:00AM - 10:00AM <b>9</b>  <b>MOONDOGS NIGHT</b> 6:35PM GAME SIGN UP AT THE FRONT DESK FIRST COME, FIRST SERVE	<b>TAI-CHI CHIH</b> AEROBIC STUDIO 10:00AM - 11:00AM <b>10</b>	<b>SONGS ON THE LAWN</b> 10:45AM - 12:15PM MEET IN LOBBY TO CAR POOL/WALK <b>MAHJONG</b> @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM <b>11</b>	<b>SOCIAL: MOVIE IN THE PARK</b> SPRING LAKE PARK 8:00PM BRING YOUR OWN CHAIR/ BLANKET <b>12</b>
<b>YAHTZEE</b> LOBBY 9:00AM - 10:00AM <b>15</b>	<b>CRIBBAGE</b> LOBBY 9:30AM - 10:30AM <b>16</b>  <b>BOOK CLUB: 'THE DINNER'</b> BY HERMAN KOCH ROOM 103 10:30AM - 11:30AM	<b>TAI-CHI CHIH</b> AEROBIC STUDIO 10:00AM - 11:00AM <b>17</b>  <b>DEMENTIA FRIENDS SESSION</b> ROOM 103 9:30AM - 10:30AM	<b>SONGS ON THE LAWN</b> 10:45AM - 12:15PM MEET IN LOBBY TO CAR POOL/WALK <b>MAHJONG</b> @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM <b>18</b>	<b>7-MILE CREEK HIKE</b> 10:00AM - 11:00AM OPTION FOR LUNCH AFTER (\$) <b>19</b>
<b>SIBLEY PARK WALK N' TALK</b> MEET IN LOBBY 9:00AM - 10:00AM <b>22</b>	<b>CRAFTS</b> ROOM 201 9:30AM - 10:30AM <b>23</b>	<b>CRIBBAGE</b> LOBBY 9:00AM - 10:00AM <b>24</b>  <b>TAI-CHI CHIH</b> AEROBIC STUDIO 10:00AM - 11:00AM	<b>SONGS ON THE LAWN</b> 10:45AM - 12:15PM MEET IN LOBBY TO CAR POOL/WALK <b>MAHJONG</b> @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM <b>25</b>	<b>CHAIR MASSAGES</b> 9AM - 11AM 10 MIN EACH SIGN UP FRONT DESK FIRST COME, FIRST SERVE (\$ FREE WILL DONATION TO FW PROGRAM) <b>26</b>
<b>GOLF OUTING: MINNEOPA</b> MEET AT THE COURSE 12:15PM <b>29</b>	<b>HABANERO'S NIGHT</b> 6:35PM GAME SIGN UP AT THE FRONT DESK FIRST COME, FIRST SERVE <b>30</b>			

\*\*\*ALL CLASSES SUBJECT TO CHANGE OR CANCELLATION BASED ON INSTRUCTOR AVAILABILITY OR UNFORSEEN EVENTS.  
 \$ - INDICATES COST FOR CLASS OR SELF-PAY AT EVENT  
 QUESTIONS? CALL OR EMAIL MICHELLE AT 507-345-9805 OR MCORDS@MANKATOYMCA.ORG