

APRIL 2026

FOREVERWELL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		TAI-CHI CHIH WITH SANDRA AEROBIC STUDIO 10:00AM - 11:00AM	MAHJONG @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM MEET FOR LUNCH @12PM	CRIBBAGE LOBBY 9:30AM - 10:30AM
COFFEE & CHAT LOBBY 9:00AM - 10:00AM	INDOOR TRACK/WALKING POKER ROOM 203 10:00AM - 10:30AM	CRIBBAGE LOBBY 9:00AM - 10:00AM TAI-CHI CHIH WITH SANDRA AEROBIC STUDIO 10:00AM - 11:00AM	VOLUNTEER OPPORTUNITY: HOLY GROUNDS BREAKFAST 8:30AM - 10:15AM SIGN UP AT THE FRONT DESK MAHJONG @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM	SENIOR PROM AEROBICS STUDIO 6:00PM - 8:30PM WILL CALL TICKET PICK-UP: 5:45PM IN THE LOBBY
CRIBBAGE LOBBY 8:45AM - 9:45AM	GROUP BIKE RIDE (WEATHER PERMITTING) MEET AT THE Y 1:00PM	SEQUENCE GAME LOBBY 9:00AM - 10:00AM TAI-CHI CHIH WITH SANDRA AEROBIC STUDIO 10:00AM - 11:00AM	CRIBBAGE LOBBY 9:00AM - 10:30AM EDUCATION: MKTO CPU TECH: SOCIAL MEDIA ROOM 103 9:30AM - 10:30AM MAHJONG @BEAN'S COFFEE 1:00PM - 3:00PM	EARTH DAY VOLUNTEER: WALK/CLEAN-UP WEST MANKATO TRAIL MEET IN THE LOBBY 10:00AM - 12:00PM SIGN UP AT THE FRONT DESK
YAHTZEE LOBBY 9:00AM - 10:00AM	CRIBBAGE LOBBY 9:30AM - 10:30AM BOOKCLUB: 'AN INVISIBLE THREAD' ROOM 103 10:30AM - 11:30AM PROJECT COMMUNITY CONNECT MAYO EVENT CTR 1:00PM - 4:00PM	TAI-CHI CHIH WITH SANDRA AEROBIC STUDIO 10:00AM - 11:00AM	SENIOR RESOURCES & TRANSITIONING FOR NEXT STEPS ROOM 103 9:30AM - 10:30AM MAHJONG @BEAN'S COFFEE 1:00PM - 3:00PM	CHAIR MASSAGES 9AM - 11AM 10 MIN EACH SIGN UP FRONT DESK FIRST COME, FIRST SERVE (\$ FREE WILL DONATION TO FW PROGRAM)
SEQUENCE GAME LOBBY 9:00AM - 10:00AM	CRAFTS: MAY DAY ROOM 103 W/JANE 9:00AM - 10:30AM	CRIBBAGE LOBBY 9:00AM - 10:00AM TAI-CHI CHIH WITH SANDRA AEROBIC STUDIO 10:00AM - 11:00AM	MANKATO MORTUARY: LUNCH & LEARN ROOM 103 11:30AM - 12:30PM SIGN UP AT FRONT DESK MAHJONG @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM	

***ALL CLASSES SUBJECT TO CHANGE OR CANCELLATION BASED ON INSTRUCTOR AVAILABILITY OR UNFORSEEN EVENTS.

\$ - INDICATES COST FOR CLASS OR SELF-PAY AT EVENT

QUESTIONS? CALL OR EMAIL MICHELLE AT 507-345-9805 OR MCORDS@MANKATOYMCA.ORG