



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FIND YOUR FUN. FIND YOUR Y.

MANKATO FAMILY YMCA  
MAR-AUG 2026 PROGRAM GUIDE



FITNESS CENTER



CHILD CARE CENTER



FAMILY FUN

# REGISTER & STAY CONNECTED

## ONLINE ACCOUNT

Set up your YMCA online account today!

If you haven't set up your online account yet, you can follow these simple steps.



### STEP 1:

**ENSURE YOU HAVE A VALID E-MAIL CONNECTED TO YOUR MANKATO FAMILY YMCA MEMBERSHIP ACCOUNT.** If you don't or are unsure, please contact the front desk.

### STEP 2:

**GO TO MANKATOYMCA.ORG/YACCOUNT BY SCANNING THE QR CODE:** Click 'Create Your Online Account' This will open a new page to create your online account.



### STEP 3:

**UNDER 'LOGIN OR FIND YOUR ACCOUNT' ENTER THE E-MAIL ASSOCIATED WITH YOUR MEMBERSHIP.** The first-time logging in, select "Forgot your password?" and follow the prompts to set your password.

### STEP 4:

**CHECK YOUR E-MAIL.** Click the link provided and create your password. Your password must be at least 7 characters and contain at least one capital letter and one number.

### STEP 5:

**GO BACK TO MANKATOYMCA.ORG/REGISTER AND CLICK 'CREATE YOUR ONLINE ACCOUNT'** Enter your e-mail address and your newly created password.

### STEP 6:

**VERIFY YOUR INFORMATION** Look under 'View Account' and take a few minutes to review and confirm all your information. Please update any information that is not current.

**QUESTIONS?** Email Liz at [lzaruba@mankatoymca.org](mailto:lzaruba@mankatoymca.org)

## WHAT DOES MY ONLINE ACCOUNT DO?

- Register for programs faster and easier
- Update or change your billing information
- Schedule program payments
- View or print receipts
- Pay your account balance
- View your Check-In history
- Donate to the Y

Get more information, including how to register and pay for programs online at [mankatoymca.org/yaccount/](http://mankatoymca.org/yaccount/)

SCAN  
TO  
VIEW  
OUR  
WEBSITE



## STAY CONNECTED

Staying in touch has never been easier! Make sure you're connected with the Y and be the first to know the latest news, events, programming, cancellations and closures. Browse our mobile-friendly website, follow us on Social Media and make sure your email preferences and text message settings are updated. **You can also view Current News at [mankatoymca.org/news](http://mankatoymca.org/news)**

### UPDATE EMAIL PREFERENCES

**STEP 1:** Log into your online account and click the settings icon button, next to the Edit Profile Button.

**STEP 2:** Select Email Settings.

**STEP 3:** Confirm your email address is correct\* and click the Send Email button

**STEP 4:** Check your email account and look for the email from Mankato Family YMCA

**STEP 5:** In the email, click the button: Update your preferences

**STEP 6:** Select which email types you want to opt in or out of to receive communication from the Mankato Family YMCA. Save preferences at the bottom of the page.

\*If your email is NOT correct, return to your Dashboard. Click the Edit Profile button and edit your email address.

### OPT-IN TO TEXT MESSAGES

**STEP 1:** Log into your online account and click the settings icon button, next to the Edit Profile Button.

**STEP 2:** Select SMS Settings.

**STEP 3:** Select the phone number(s) you would like to receive text messages about. This will opt you in to receive text messages about facility updates, such as closure notifications and reminders.

**STEP 4:** Hit the save button.



[mankatoymca.org](http://mankatoymca.org)



[/mankatoymca](https://www.facebook.com/mankatoymca)



[@MankatoFamilyYMCA](https://www.youtube.com/@MankatoFamilyYMCA)



[@ymcamankato](https://www.tiktok.com/@ymcamankato)



[@mankatofamilyymca](https://www.instagram.com/mankatofamilyymca)



# YMCA PROGRAMS

Welcome to a world of excitement, growth, and community at the Mankato Family YMCA! Our diverse range of programs is designed to inspire, challenge, and uplift individuals and families of all ages. Whether you're looking to break a sweat, enhance your skills, or simply connect with others, our programs cater to your unique needs and interests.

## SESSION DATES

### SPRING SESSION

March - May

#### REGISTRATION DATES

Members: January 5  
Non-Members: January 8



### SUMMER SESSION

June - August

#### REGISTRATION DATES

Members: April 6  
Non-Members: April 9



### FALL SESSION

September - November

#### REGISTRATION DATES

Members: June 1  
Non-Members: June 4

### WINTER SESSION

December - February 2027

#### REGISTRATION DATES

Members: October 5  
Non-Members: October 8



## Program Registration

Members receive early registration privileges for YMCA programs three days prior to open registration. Registration can be done in person or online. Early registration is recommended as programs are limited in space. Registration is available during the Y's regular hours and online at any time. Certain registrations are not accepted over the phone or online and must be done in person. Program minimums must be met or a program may be cancelled. Program dates, levels, themes, field trips and other details are subject to change. Please visit our website for the most up-to-date information regarding specific programs.

## Program Cancellations

The Y may cancel an activity due to insufficient enrollment. When this happens, we will make every effort to contact registrants 1 week before the scheduled start and complete refunds will be given.

### When you cancel

Those who wish to withdraw their registration for an activity must do so no later than two (2) full weeks before the activity is scheduled to start. Program-specific policies regarding refunds apply to YMCA Preschool, After School Adventures, or Marlins Swim Team. Non-refundable deposits will not be returned. No refunds will be given after the two (2) weeks policy prior to the start of an activity. If you are registered for a program and you cancel your membership, you will be billed for the non-member rate of the program. Member rate on programming is a benefit for members.

### Emergency closings

In the event of severe weather, call the Y at 507.387.8255 or check the website at [mankatoymca.org](http://mankatoymca.org). Local radio stations (including KTOE 1420 AM) will broadcast closing announcements. If class is cancelled because of severe weather or for any other reason beyond the YMCA's control, and classes cannot be made up, no refund will be given.

## BE IN THE KNOW

On our website and in our Membership Guide, you will find our YMCA Code of Conduct, safety policy, full age guidelines and facilities rules. If you have any questions at any time, please do not hesitate to ask a YMCA staff member.



# FOR YOUTH DEVELOPMENT

# SWIMMING LESSONS



**American  
Red Cross**

Through Red Cross certified lessons, we help swimmers overcome fears, build confidence in the water and develop skills that last a lifetime. We offer swim lessons for everyone from infants to adults. Scan the QR code to get registered!

## SPRING LESSONS FEE PER SESSION

Member	Non-Member
\$60	\$85

## SUMMER LESSONS FEE PER SESSION

Member	Non-Member
\$70	\$95

## PARENT AND CHILD

Ages  
6 Mo. to  
3 Years



### Parent And Child

Introduces toddlers to the water environment and focuses on exploring body positions, blowing bubbles and fundamental safety and aquatic skills.

## PRESCHOOL

Ages 3 - 5 Years and comfortable  
without parent in water

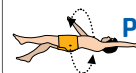
Ages  
3-5 Years



### Preschool 1



### Preschool 2



### Preschool 3

## LEARN TO SWIM

Ages  
6+



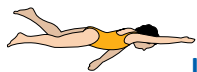
### Level 1 Intro to Water Skills



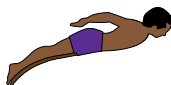
### Level 2 Fundamental Aquatic Skills



### Level 3 Stroke Development



### Level 4 Stroke Improvement



### Level 5 Stroke Refinement



### Level 6 Fitness Swimmer

## AQUATICS REGISTRATION DATES

### WINTER I WINTER II

Jan. 13 - Feb. 5

Feb. 10 - Mar. 5

### REGISTRATION DATES

Members: December 1, 2025

Non-Members: December 4, 2025

### SPRING I SPRING II

Mar. 24 - Apr. 16

Apr. 21 - May 14

### REGISTRATION DATES

Members: March 9, 2026

Non-Members: March 12, 2026

### JUNE & JULY

### REGISTRATION DATES

June 9 - 25 & July 7 - 23

Members: May 18, 2026

Non-Members: May 21, 2026

### AUGUST

### REGISTRATION DATES

August 4 - 20

Members: July 13, 2026

Non-Members: July 16, 2026

### FALL I

### FALL II

### REGISTRATION DATES

Sept. 15 - Oct. 8

Oct. 20 - Nov. 12

Members: Aug. 24, 2026

Non-Members: Aug. 27, 2026

## PRIVATE SWIM LESSONS

Private swim lessons are booked in 30-minute sessions with one of our swim lesson instructors. There is no age requirement & no prior knowledge of swimming necessary. Registration for private lessons is done directly with our Swim Lesson Coordinator. Please reach out to them at [swimlessons@mankatoymca.org](mailto:swimlessons@mankatoymca.org) with any questions or to get registered.

## PRIVATE LESSON PACKAGES

SESSIONS	MEMBERS	NON-MEMBERS
1	\$30	\$40
3	\$65	\$80
5	\$105	\$130
8	\$165	\$205



# SPRING I

**Mar 24-Apr 16**

Tues & Thur

	Parent and Child	Preschool 1	Preschool 2	Preschool 3	Learn to Swim Level 1	Learn to Swim Level 2	Learn to Swim Level 3	Learn to Swim Level 4	Learn to Swim Level 5	Learn to Swim Level 6
5:30 - 6:10pm	•	•	•		•					
6:20 - 7:00pm		•	•	•	•					
7:10 - 7:50pm						•	•	•		•

# SPRING WKND

**Mar 28-May 2**

Saturday

	Parent and Child	Preschool 1	Preschool 2	Preschool 3	Learn to Swim Level 1	Learn to Swim Level 2	Learn to Swim Level 3	Learn to Swim Level 4	Learn to Swim Level 5	Learn to Swim Level 6
9:00 - 9:50am		•			•					
10:00 - 10:50am				•		•				

# SPRING II

**Apr 21-May 14**

Tues & Thur

	Parent and Child	Preschool 1	Preschool 2	Preschool 3	Learn to Swim Level 1	Learn to Swim Level 2	Learn to Swim Level 3	Learn to Swim Level 4	Learn to Swim Level 5	Learn to Swim Level 6
5:30 - 6:10pm	•	•		•	•					
6:20 - 7:00pm		•	•	•		•				
7:10 - 7:50pm					•		•	•	•	

# JUNE

**June 9 - 25**

Tues, Wed, Thur

	Parent and Child	Preschool 1	Preschool 2	Preschool 3	Learn to Swim Level 1	Learn to Swim Level 2	Learn to Swim Level 3	Learn to Swim Level 4	Learn to Swim Level 5	Learn to Swim Level 6
9:00 - 9:40am			•		•					
9:50 - 10:30am		•					•			
5:30 - 6:10pm	•			•						
6:20 - 7:00pm					•	•				

# JULY

**July 7 - 23**

Tues, Wed, Thur

	Parent and Child	Preschool 1	Preschool 2	Preschool 3	Learn to Swim Level 1	Learn to Swim Level 2	Learn to Swim Level 3	Learn to Swim Level 4	Learn to Swim Level 5	Learn to Swim Level 6
9:00 - 9:40am		•				•				
9:50 - 10:30am				•	•					
5:30 - 6:10pm			•		•					
6:20 - 7:00pm							•	•		

# AUGUST

**Aug 4 - 20**

Tues, Wed, Thur

	Parent and Child	Preschool 1	Preschool 2	Preschool 3	Learn to Swim Level 1	Learn to Swim Level 2	Learn to Swim Level 3	Learn to Swim Level 4	Learn to Swim Level 5	Learn to Swim Level 6
9:00 - 9:40am				•	•					
9:50 - 10:30am			•			•				
5:30 - 6:10pm	•	•								
6:20 - 7:00pm							•			•



# MARLINS SUMMER SWIM TEAM

**SUMMER SEASON: April 27 - August 7, 2026**

Participants need to have completed YMCA level 5 or Red Cross Level 5 and be able to swim 25 yards or 1 length of the YMCA pool comfortably in each stroke.

**CHIPS & BRONZE:** 6 - 11 years old

**GOLD:** 9 - 14 years old

**PLATINUM:** 9 - 18 years old

## MARLINS SUMMER FEE

### CHIPS/BRONZE

\$80/month  
(April Only \$12)  
(Aug Only \$15)

### GOLD/PLAT

\$135/month  
(April Only \$20)  
(Aug Only \$24)



# FOR YOUTH DEVELOPMENT



## LEARN. PLAY. GROW.

YMCA Campers make life-long memories, learn how to create new friendships, and explore the world around them when they participate in summer camp. Our camp activities like art, STEM, music, literacy, nature, swimming, and sports are designed to build confidence, develop skills and discover new talents. Weekly themes, off-site field trips, and special events make it a different adventure every week.

**MEMBER REGISTRATION OPENS FEBRUARY 16**  
**NON-MEM REGISTRATION OPENS MARCH 2**

### PAYMENT & REGISTRATION

A non-refundable & non-transferable deposit of \$25 is required for each week your camper plans to attend. This deposit will be deducted from the overall weekly fee.

Full camp payment is due on the 15th of the month prior to the month of camp. For example, if your camper is signed up for camp(s) in June, full payment for all June camps is due May 15.

### COST PER CAMP

PRESCHOOL	ADVENTURERS \$245 Members \$275 Non-Members	SPECIALTY DAY CAMPS	SPORTS CAMP \$245 Members \$275 Non-Members
			STRIDE CAMP \$245 Members \$275 Non-Members
			CHESLEY SKATE: GROMMIES \$210 Members \$240 Non-Members
			CHESLEY SKATE: HAWKS \$210 Members \$240 Non-Members
SCHOOL-AGE DAY CAMPS	DISCOVERERS \$245 Members \$275 Non-Members		PATHFINDERS CAMP \$245 Members \$275 Non-Members
	EXPLORERS \$245 Members \$275 Non-Members		
	VOYAGERS \$245 Members \$275 Non-Members		

### OVERNIGHT CAMP

OVERNIGHT CAMPS	TRADITIONAL CAMP \$450 Members \$480 Non-Members
	LEADER IN TRAINING \$450 Members \$480 Non-Members
	COUNSELOR IN TRAINING \$370 Members \$400 Non-Members

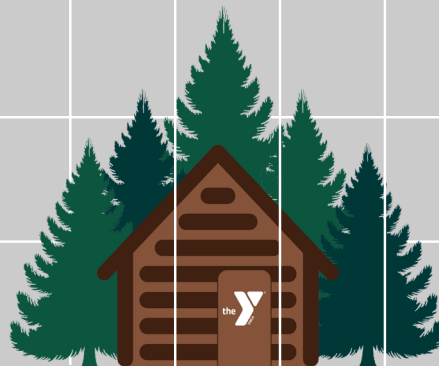
See full details in  
the 2026 Summer  
Camp Guide!





## QUICK LOOK!

		WEEK 1 May 26 - 29	WEEK 2 June 1 - 5	WEEK 3 June 8 - 12	WEEK 4 June 15 - 19	WEEK 5 June 22 - 26	WEEK 6 June 29 - July 2	WEEK 7 July 6 - 10	WEEK 8 July 13 - 17	WEEK 9 July 20 - 24	WEEK 10 July 27 - 31	WEEK 11 Aug 3 - 7	WEEK 12 Aug 10 - 14	WEEK 13 Aug 17 - 21
PRESCHOOL	ADVENTURERS Ages 3-5	Kids Clubhouse Available: Limited Space	Critter Quest	Winter Wonderland	Wilderness Wanderers	Prehistoric Adventure	Super Heros Limited Space	Casper's Spook-tacular	Jingle Bell Junction	Color Me Fun	Backyard Barn	Transportation Station	Ahoy Me Alphabet	Summer Splash Limited Space
SCHOOL-AGE DAY CAMPS	DISCOVERERS Entering Kindergarten	Neon Takeover	Buggin' Out	Arctic Adventure	Super Duper Sports	Safari Seekers	Red, White, & Boom	Summer-ween	Holly Jolly Heatwave	COLOR WARS	Barnyard Blast	The Power of Plants	Alphabet Soup	Superhero Smashdown
	EXPLORERS Entering Grades 1-3	*4 DAYS* Limited Space Available	Endless Sunshine	Sci-Fi Spectacular	A Wish Upon A Star	A Camping We Will Go	*4 DAYS* Limited Space Available	Summer-ween	Holly Jolly Heatwave	COLOR WARS	Rainforest Rumble	Splash Splash Bash	The Game Plan	Limited Space Available
	VOYAGERS Entering Grades 4-5		Sun's Out Fun's Out	Calling All Champions	Campfire Chronicles	Innovation Vacation		Summer-ween	Holly Jolly Heatwave	COLOR WARS	Just Add Water	Tropical Paradise	Mystery Madness	
SPECIALTY DAY CAMPS	SPORTS CAMP Entering Grades 2-5		Multi-Sports	Un-conventional Sports	Soccer			Flag Football	Dance	COLOR WARS	Basketball		Volleyball	
	STRIDE CAMP Entering Grades 3-5								STRIDE for ALL					
	CHESLEY SKATE: GROMMIES Entering Grades 1-5			Grommies	Grommies Just Girls	Grommies							Grommies	Grommies
	CHESLEY SKATE: HAWKS Entering Grades 6-8										Hawks			
	PATHFINDERS CAMP Entering Grades 6-8		The Hidden Challenge					Project Innovate	Kids in the Kitchen	COLOR WARS	Cultivate Curiosity		Nature's Playground	
OVERNIGHT CAMPS	TRADITIONAL CAMP Entering Grades 3-8			June 7 - 12	June 14 - 19	June 21 - 26						August 2 - 7		
	LEADER IN TRAINING Entering Grades 9-10			June 7 - 12	June 14 - 19	June 21 - 26						August 2 - 7		
	COUNSELOR IN TRAINING Entering Grades 11-12			June 7 - 12	June 14 - 19	June 21 - 26						August 2 - 7		



## Camp Financial Assistance

You can apply for financial assistance before camp registration begins. Financial assistance is available through Connecting Kids or the Mankato Family YMCA. Get more information online.

## SUMMER CAMP DROP POLICY

Those who wish to withdraw their registration for a camp must do so no later than **two (2) full weeks** before the camp is scheduled to start. The initial \$25 deposit used to register for a camp session is non-refundable & non-transferable. No refunds will be given after the **two (2) week** policy prior to the start of camp. If you are registered for a program and you cancel your membership, you will be billed for the non-member rate of the program.

# YMCA PRESCHOOL

## + Extended Care Options

### THE Y DIFFERENCE

Why the Y? We are dedicated to providing the highest quality education and learning experience. Our nurturing environment offers a day filled with opportunities to grow and learn.

### OUR CURRICULUM

Our State-Approved curriculum is a hands-on opportunity for your child to learn through education, music and physical activities; preparing them for a smooth transition to kindergarten, while staying true to the Y's core values of honesty, caring, respect, responsibility and faith.

### OUR PRESCHOOL OFFERS

- Parent Aware 2 Star Rated
- Bright Classrooms with lots of Natural Light
- Outdoor Play Area
- 2 Full-Size Gyms for Large Motor Activities
- Fit Kids Program
- Swimming on Sight (part of curriculum)
- Christmas, Spring & Graduation Programs

### YMCA MEMBERSHIP REQUIRED

A YMCA membership is required to enroll in the Preschool program. This can be a Youth Membership for the preschooler or a family membership. Membership is required to be active August - May.

### FINANCIAL ASSISTANCE

The YMCA Preschool Program is now accepting Childcare Assistance Program (CCAP). Financial Assistance is also offered through Parent Aware and the YMCA offers Financial Assistance for memberships. Please reach out to the Preschool Director for more information.



Registration for  
2026-2027 is open now!



### Y PRESCHOOL CLASSES AGES 3 - 5 YEARS

The Preschool year runs from September through May. We follow a similar calendar as Mankato Area Public Schools.

Preschool	Days	Time	Price
3-4 Year Olds	Tues/Thurs	8:30 am - 11:00 am	\$130/mo

[Must turn 3 by September 1, 2026. Child must also be toilet trained.]

PreK	Days	Time	Price
3-5 Year Olds	Mon/Wed/Fri	8:30 am - 11:00 am	\$183/mo
	Mon-Fri	9:00 am - 3:00 pm	\$714/mo

[Must turn 4 by  
March 1, 2027]

### Preschool Clubhouse

Preschool Clubhouse\* is offered as extended care before & after preschool.

#### Time

7:30 am - 8:30 am

3:00 pm - 5:00 pm

Preschool Clubhouse is offered for \$189/month to all YMCA members, children ages 3-6. Children must be potty trained.

### Preschool Clubhouse Non-School Days

Preschool Clubhouse will offer non-school days at an additional cost for all day care.

Member	Non-Member
\$40/day	\$50/day

\*Assistance is not available for Preschool Clubhouse







# AFTER SCHOOL ADVENTURES

It's action-packed fun for kids. And it's peace of mind for parents.

The Mankato Family YMCA After School Adventures program is designed for youth in grades Kindergarten through 5th grade. The program includes the following components: Arts and Humanities, Character Development, Health and Wellness, Homework Support, Literacy, Science and Technology, Service Learning, Social Competence and Conflict Resolution. The themes and curriculum provide a stimulating environment where children can develop in a positive manner. The ratio of staff to children within the After-School Adventures program is approximately one staff for every 12 children.

Cost per Youth:

\$288/month

OR

\$2,592 for the 26-27  
School Year

**Registration for 2026-2027 opens in February!**

Contact our Director of Youth Development for availability & registration forms.



**YMCA MEMBERSHIP REQUIRED** A YMCA membership is required to enroll in the After School Adventures program. This can be a youth membership for the youth or a family membership. Membership required to be active August-May.



## NON-SCHOOL DAY CAMPS

7:30am - 5:30pm on District 77 Non-School Days

School may be out, but the fun is just beginning! Our non-school day camp programs are age-specific to ensure a fun and exciting experience for all of our campers. Lunch is not provided, a cold lunch will need to be packed.

**CAMP DATES:**

March 19: Nickelodeon Universe 

March 20: Taste of the Midwest

May 20: Sports Spectacular

May 21: Park Hop

Registration is required.

**Grades  
K-5**



**COST:** MEMS: \$65  
NON-MEMS: \$90

**COST:** MEMS: \$75  
NON-MEMS: \$100

If there is a bus icon next to the NSDC Activity, this indicates that a field trip is taking place. On field trip days, there is a small additional increase in price to help cover the cost of bussing.

# FOR YOUTH DEVELOPMENT

## YOUTH SPORTS



When kids play Y-Sports, they develop more than just skills, they develop character. By playing sports, kids and their families feel a sense of belonging that comes from a community gathering together to cheer on their team. Everyone plays, & everyone wins!

## SCHOOL AGE SPORTS

YMCA Sports / Pre-K - 12th Grade

### T-Ball & Coach Pitch (Entering Gr K-5)

**T-Ball (K, 1-2 Grade) & Coach Pitch (3-5 Grade)** T-Ball and coach pitch is a fun, non-competitive program designed to teach kids the fundamentals of baseball. Coaches introduce basic topics such as hitting from a tee, fielding balls, throwing to bases, catching, and more. Registration includes cap, jersey & baseball pants.

June 22 - August 15

Fee per Session:

Members: \$105

Non-Members: \$130

### NFL Flag Football (Entering Gr K-5)

In partnership with the National Football League the YMCA's NFL Flag Football is a fun and safe way to learn the fundamentals of the sport for all kids! Plus, flag football helps develop coordination, self-confidence and sportsmanship. Registration includes jersey and flags.

August 24 - October 17

Fee per Session:

Members: \$135

Non-Members: \$160

## VOLUNTEER COACHING

Serving as a youth sports coach is one of the greatest investments of time and energy anyone can make. Coaches become some of the most influential voices in a child's life, and you can help us fill each season with lessons that last a lifetime! The more parent coaches we recruit, the easier the task!



Scan to fill out a volunteer application today and get started!

## PRESCHOOL SPORTS

YMCA Sports / Ages 2, 3, 4 & 5 years old

### Parent & Child Sports (2-3 years old)

Accompanied by a parent, participants will learn basic fundamental skills involved in a variety of sports, including Football, T-Ball, Basketball, Soccer, and Floor Hockey. Emphasis will be placed on hand-eye coordination, balance, listening skills, and friendship.

SPRING

April 6 - May 4

SUMMER I

June 1 - June 29

SUMMER II

Aug 3 - Aug 31

### Preschool Sports Sampler (4-5 years old)

Each participant will learn the basic fundamental skills involved in a variety of sports, including Football, T-Ball, Basketball, Soccer, and Floor Hockey. Emphasis will be placed on hand-eye coordination, balance, listening skills, and friendship.

SPRING

April 7 - May 5

SUMMER I

June 2 - June 30

SUMMER II

Aug 4 - Sept 1

### Preschool Mini Sports (4-5 years old)

Participants will develop an appreciation for sports and physical activity along with practicing skills, learning about sportsmanship and being a team player. Each session focuses on one singular sport and follows the same sport calendar as our Youth Sport League.

SPRING: SOCCER

April 9 - May 7

SUMMER I: T-BALL

June 4 - July 2

SUMMER II: FLAG FOOTBALL

Aug 6 - Sept 3

Fee per Session:

Members: \$55

Non-Members: \$80



# BASKETBALL LEAGUE 3x3



SCAN HERE  
TO REGISTER

YOUTH  
AND  
ADULT



COST PER  
INDIVIDUAL: \$50  
COST PER TEAM: \$150

## YOUTH LEAGUE

**WHO:** Ages 8 - 18

**DATES:** June 20 - July 25

**WHEN:** Saturday mornings

**FORMAT:** Sign up as an individual (with or without a team) or sign up your whole team in one registration.

## ADULT LEAGUE

**WHO:** Ages 18 - 99+

**DATES:** June 20 - July 25

**WHEN:** Saturday mornings

**FORMAT:** Sign up as an individual (with or without a team) or sign up your whole team in one registration.



# BIRTHDAY PARTIES

## Mems & Non Mems

Make your child's birthday extra special with one of our exciting party options at the Mankato Family YMCA! Parties are hosted Saturdays and Sundays from 1-3pm.



Find more  
details and  
secure  
your party  
date online  
today!

Choose Your Celebration

POOL PARTY  
BOUNCE HOUSE  
GYM PARTY  
SKATE PARK



FOR HEALTHY LIVING

# WELLNESS FOR ALL

At the Mankato Family YMCA, we know that fitness involves more than working out. It's about making good choices to live well inside and out. You're not only supported by staff, but you're also part of a community that helps you be your best self at every age.

## YMCA FIT START

Optional for Members ages 18+

Not sure how to get started? The YMCA Fit Start can help! Schedule an appointment with a certified YMCA personal trainer to start your membership right.

### Step 1:

Become a member.

**MEMS!  
ONLY!**

### Step 2:

Schedule your FREE 1 hr. Fit Start appointment with a certified YMCA Personal Trainer and start your membership right!

Assess your body composition and flexibility

Complete a health history assessment

Get acquainted to Wellness Center equipment

### Step 3:

Complete your FREE 1hr. Fit Start appointment and get started on your wellness journey at the Y!

Stop by the Wellness Center or call 345.9816 to get started today.

## WORK WITH A PERSONAL TRAINER

At the YMCA, we have qualified, nationally certified or degreed professionals to help you reach your goals. Our Personal Trainers will design an exercise program tailored to you, your schedule, and your budget – whether you are an athlete, a working-professional, new mom, and more – We will help you get RESULTS!

At the YMCA, we have two package options available:

### Individual

Full Session: 1 Hour

Mini Session: 30 Minutes

### Buddy/Small Group\*

Full Session: 1 Hour

Mini Session: 30 Minutes

\*Buddy/Small Group: 2-4 People

Private training sessions in water fitness are also available.

Contact Zach Erickson, Wellness Director, at [zerickson@mankatoymca.org](mailto:zerickson@mankatoymca.org) for Personal Training pricing information.

GET RESULTS. REACH YOUR GOALS.

## IRON Y CHALLENGE

**\$15**

Challenge yourself to accumulate the TOTAL DISTANCE of a FULL IronMan Triathlon!

2.4 miles  
**SWIM**

112 miles  
**BIKE**

26.2 miles  
**RUN/  
WALK**

**March 1<sup>st</sup> – 31<sup>st</sup>**

**Register Online**

**MEMS!  
ONLY!**

**REGISTRATION  
OPENS FEB 2**

All finishers receive an IRON Y t-shirt when you register by March 11th



# GROUP FITNESS

WITH 75+ FREE CLASSES/WEEK

Fast-paced or first-step, high-impact or low, there are plenty of ways to get where you want to be. Whatever your goals, the Y is ready to support your journey toward improved health! Classes can be instructor-led or in-studio virtual. Please note some classes are not offered year-round. Always check the current schedule for available classes.

## WHEN'S MY CLASS?

Download our free mobile app for quick reference or visit our website [mankatoymca.org/schedule/](http://mankatoymca.org/schedule/) and access our schedule online.

Scan for a quick link!



## LES MILLS LAUNCHES

Each year, the Y will host four Les Mills launches. These launches bring fresh and innovative choreography, music and training techniques to participants. Classes held during a Les Mills launch are open to the public.

JULY 25 & 26, 2026

OCT. 31 & NOV. 1, 2026

MEMS!  
ONLY!

## BENEFITS OF GROUP EXERCISE

- Find motivation & inspiration from others
- Proper form helps prevent injury
- Become part of a community
- Add variety to your workout
- Hold yourself accountable

B.Y.O.M.

Bring your own Mat



No communal mats will be provided to help stop the spread of germs.

# FOREVERWELL

## MOVE. CONNECT. DISCOVER.

At Mankato Family YMCA, we are dedicated to helping you thrive at every stage of life. ForeverWell is not just a program; it's a celebration of the vibrant spirit that defines our active older adults. Embrace the journey, get active, stay fit, and be social with ForeverWell!

Wellness Program for  
Active Older Adults (55+)

Activities for Mind, Body & Spirit

Community Based & Educational

Indoor & Outdoor Activities

Promote Healthy Lifestyle, Alleviate  
Boredom & Isolation

Promote Social Well-Being &  
Encourage Volunteerism



View our Monthly Calendar of Activities Online!



# CHESLEY SKATE PARK

161 Jaycee Court, Mankato MN • 507.387.8222

## PARK HOURS

SEPTEMBER – MAY

MONDAY – FRIDAY  
2PM – 9PM

SATURDAY  
1PM – 8PM

SUNDAY  
1PM – 7PM

### DISCOUNTED PRICES & HOURS

SAVE!

UNDER 18: \$3  
18 & OVER: \$6  
MONDAY – FRIDAY  
2PM – 5PM  
SATURDAY  
1PM – 3PM

JUNE – AUGUST

MONDAY – SATURDAY  
1PM – 8PM

SUNDAY  
1PM – 7PM

### DISCOUNTED PRICES & HOURS

SAVE!

UNDER 18: \$3  
18 & OVER: \$6  
MONDAY – SATURDAY  
1PM – 3PM

## LESSONS

(1) 1-Hour Lesson: \$50  
(3) 1-Hour Lessons: \$120

\$8

ALL DAY

DAILY  
ENTRY

\$75

10  
PUNCH

\$240

\$40/MO.

6 MO  
PASS



### RENTALS

Helmets: \$2  
Pads: \$2  
Skateboard: \$5  
Rollerblades: \$5  
Scooters: \$5

United  
Way



Greater Mankato Area  
United Way

Serving communities in  
Blue Earth, Le Sueur, Nicollet &  
Waseca Counties

CHESLEY  
SKATE PARK



All skaters/riders  
must have a  
waiver on file.

### Chesley Skate Park Rules

- Helmets must be worn at all times when riding
- No food, glass containers, littering or breakable objects are permitted in skating area
- Only one person is allowed to skate a ramp at one time
- No metal pegs on bikes or scooters
- No waxing the rails or coping
- Shoes are required
- Smoking, drugs, vaping or alcoholic beverages are prohibited on the premises
- Exhibit behavior reflecting the YMCA Core Values

### Youth Rules

- Under 10 years of age must be accompanied by a parent/guardian



Private Lessons are available for all ages, ability and experience. Lessons are offered for skateboarding, scooters and BMX biking. Price includes Skateboard, Helmet, and Full Pad Rentals. Inquiries for lessons, contact [skateparkmanager@mankatoyymca.org](mailto:skateparkmanager@mankatoyymca.org).



/skatechesley



@chesleyskatepark



GET INVOLVED AT THE Y

# 2026 EVENTS @ THE Y

## YMCA DAY OF GIVING

Save the Date:  
Wed, May 6, 2026

We're going ALL IN, ALL TOGETHER for our annual Day of Giving! And this year, we're adding an exciting new way to come together and make an impact – details coming soon.



SAVE THE DATE  
JUNE 8, 2026

MANKATO FAMILY YMCA  
GOLF TOURNAMENT



## YMCA CORN ROAST

SAVE THE DATE  
AUG. 17, 2026

Join us on August 17, 2026, for the 66th Annual YMCA Corn Roast! Celebrate a beloved community tradition with family, friends, and neighbors!



## WANT TO BECOME CERTIFIED?

Adult and Pediatric First Aid/CPR/AED Training and Certification is offered at the Mankato Family YMCA.



**American Red Cross**

Fee:  
\$90

Call 507-387-8255 for more information and to get signed up.

## LIFEGUARD CERTIFICATION TRAINING



Lifeguard, First Aid, and CPR/AED certification is valid for two years. Visit [mankatoymca.org](http://mankatoymca.org) for training dates.

Lifeguard  
Training Fee

Member \$180

Non-Member \$205



**American Red Cross**

EARN  
YOUR  
WHISTLE!



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



Greater Mankato Area  
United Way

Serving communities in  
Blue Earth, Le Sueur, Nicollet &  
Waseca Counties

## MANKATO FAMILY YMCA

1401 S. Riverfront Drive  
Mankato MN, 56001  
507.387.8255  
mankatoymca.org

The Y.™ For a better us.™

### YMCA Hours

**Monday – Friday** | 5 am – 9 pm

**Saturday** | 6 am – 7 pm

**Sunday** | 10 am – 7 pm

### Holidays

Closed on Easter, Memorial Day, Fourth of July,  
Labor Day, Thanksgiving and Christmas.

Christmas Eve // Y Closes at 2 pm  
New Year's Eve // Y Closes at 6 pm  
New Year's Day // Noon – 6 pm

## THE Y IS ALWAYS HIRING

Our Jobs Mean More

### JOB BENEFITS

- FREE YMCA Membership
- Be a part of an amazing team!
- Various Shifts & Flexible Hours
- Make a difference in the lives of others



Scan to apply



FITNESS CENTER



CHILD CARE CENTER



FAMILY FUN

## STAY CONNECTED

### Y Member News & Updates

Stay in the loop by signing up for Mankato Family YMCA  
Member E-Updates. Sign up at [mankatoymca.org](http://mankatoymca.org)

You can also view Current News at [mankatoymca.org/news](http://mankatoymca.org/news)

### Follow us

[mankatoymca.org](http://mankatoymca.org)

[/mankatoymca](https://www.facebook.com/mankatoymca)

[@MankatoFamilyYMCA](https://www.youtube.com/@MankatoFamilyYMCA)

[@ymcamankato](https://www.tiktok.com/@ymcamankato)

[@mankatofamilyymca](https://www.instagram.com/mankatofamilyymca)

## MANKATO FAMILY YMCA DIRECTORY

### 387-8255

387-2522

345-9813

386-9816

386-2707

386-2710

387-8222

382-7760

386-2703

387-8255

387-8255

387-8255

345-9810

386-2706

386-2724

386-2711

345-9809

345-9816

386-2724

### General Information

Fax Number

Adult Fitness

Adult Sports & Recreation

Aquatics

Birthday Parties

Chesley Skate Park Facility

Contributions

Facility Rental

Financial Assistance Membership

HR/Employment

Memberships

Preschool

School-Age Programming

STRIDE

Swim Lessons

Volunteer at the YMCA

Wellness Center/Personal Training

Youth Sports