

# MARCH 2026

# FOREVERWELL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CRIBBAGE</b> LOBBY 9:00AM - 10:00AM <b>2</b>	<b>INDOOR TRACK/WALKING</b> <b>POKER</b> ROOM 203 10:00AM - 10:30AM <b>TAI CHI FOR BEGINNERS</b> YOGA STUDIO 10:30AM - 11:00AM <b>3</b>	<b>TAI-CHI CHIH</b> <b>WITH SANDRA</b> AEROBIC STUDIO 10:00AM - 11:00AM <b>4</b>	<b>MAHJONG</b> @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM <b>5</b>	<b>WALK THE RIVER TRAIL</b> MEET IN LOBBY 10:30AM <b>6</b>
<b>COFFEE &amp; CHAT</b> LOBBY 9:00AM - 10:00AM <b>9</b>	<b>SEQUENCE GAME</b> LOBBY 9:00AM - 10:00AM <b>10</b>	<b>TAI-CHI CHIH</b> <b>WITH SANDRA</b> AEROBIC STUDIO 10:00AM - 11:00AM <b>11</b>	<b>MAHJONG</b> @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM <b>12</b>	<b>CRIBBAGE</b> LOBBY 9:00AM - 10:30AM <b>13</b>
<b>16</b> <b>PROM TICKETS</b> <b>GO ON SALE!</b> PURCHASE ONLINE OR AT THE FRONT DESK	<b>WEAR GREEN &amp; ENJOY</b> <b>TREATS</b> LOBBY 9:00AM - 10:30AM <b>17</b> <b>BOOKCLUB: 'ALMOST SISTERS'</b> ROOM 103 10:30 - 11:30AM <b>ST. PATRICK'S DAY!</b>	<b>TAI-CHI CHIH</b> <b>WITH SANDRA</b> AEROBIC STUDIO 10:00AM - 11:00AM <b>18</b>	<b>CRIBBAGE</b> LOBBY 9:00AM - 10:30AM <b>19</b> <b>MAHJONG</b> @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM	<b>LUNCH SOCIAL</b> @UMMIES BACK ROOM (MEET THERE) 11:30AM <b>20</b>
<b>SEQUENCE GAME</b> LOBBY 9:00AM - 10:00AM <b>23</b>	<b>CRAFTS: EASTER THEMED</b> ROOM 103 W/JANE 9:00AM - 10:30AM <b>24</b>	<b>CRIBBAGE</b> LOBBY 9:00AM - 10:30AM <b>25</b> <b>TAI-CHI CHIH</b> <b>WITH SANDRA</b> AEROBIC STUDIO 10:00AM - 11:00AM	<b>EDUCATION: MKTO CPU</b> <b>TECH: AI</b> ROOM 103 10:00AM - 11:00AM <b>26</b> <b>MAHJONG</b> @BEAN'S COFFEE (NEUTRAL GROUNDS) 1:00PM - 3:00PM	<b>CHAIR MASSAGES</b> 9AM - 11AM 10 MIN EACH SIGN UP FRONT DESK FIRST COME, FIRST SERVE (\$ FREE WILL DONATION TO FW PROGRAM) <b>27</b>
<b>ADULT COLORING</b> LOBBY 11:30AM <b>30</b>	<b>CRIBBAGE</b> LOBBY 9:00AM - 10:00AM <b>31</b> <b>SOCIAL: BINGO &amp; BURGERS</b> @WOW ZONE CALLING STARTS AT 6:00PM			

\*\*\*ALL CLASSES SUBJECT TO CHANGE OR CANCELLATION BASED ON INSTRUCTOR AVAILABILITY OR UNFORSEEN EVENTS.

\$ - INDICATES COST FOR CLASS OR SELF-PAY AT EVENT

QUESTIONS? CALL OR EMAIL MICHELLE AT 507-345-9805 OR MCORDS@MANKATOYMCA.ORG