# the Mankato Family YMCA PRESCHOOL & EXTENDED CARE

#### THE Y DIFFERENCE

The YMCA Preschool fills a child's day with opportunities to explore the wonders of their world, giving them experiences that help them grow and develop into confident, caring, happy individuals. As with any YMCA program, the preschool is grounded in the YMCA mission and program objectives. Our mission is to put Christian principles into practice through programs that build a healthy spirit, mind, and body.

#### **OUR CURRICULUM**

Our preschool is designed with developmentally appropriate activities that stimulate a child's intellectual, social, emotional and physical growth. The curriculum ensures children receive a learning experience while being engaged with the Y's core values of caring, honesty, respect, responsibility and faith. Children develop skills for Kindergarten readiness and a passion for learning.

#### **ON-SITE AMENITIES**

- Pool
- Kid's Gym
- 2 Full-Size Gyms
- Outdoor Play Area & Classroom
- Bright, Colorful Classrooms with Natural Light

#### YMCA MEMBERSHIP REQUIRED

A YMCA membership is required to enroll in the Preschool program. This can be a Youth Membership for the preschooler or a family membership.

### Y PRESCHOOL CLASSES AGES 3 - 5 YEARS

The Preschool year runs from September through May. We follow a similar calendar as Mankato Area Public Schools.

Preschool	Days	Time	Price
3-4 Year Olds	Tues/Thurs	8:30 am - 11:00 am	\$124/mo
[Must turn 3 by Septeml not old enough to enroll Child must also be toilet	in PreK classes.		
PreK	Days	Time	
	/-	THIC .	Price
4-5 Year Olds	Mon/Wed/Fri	8:30 am - 11:00 am	<b>Price</b> \$177/mo
<b>4-5 Year Olds</b> [Must turn 4 by September 1, 2023]	,		

#### Y Extended Care

Extended Child Care is offered each day Preschool is in session. The Preschool rooms, outdoor play area and the YMCA gyms are utilized to provide small and large motor opportunities and age appropriate activities. Extended Child Care is led by certified Preschool staff. Y Extended Care is available for \$5/hr.

#### Time

7:30 am - 9:00 am 11 am - 12:00 pm 3:00 pm - 5:15 pm



MANKATO FAMILY YMCA · 1401 S. Riverfront Drive · Mankato MN, 56001 · CALL 507.387.8255 · FAX 507.387.2522 www.mankatoymca.org · The Y. ™ For a better us. ™

# **YMCA PRESCHOOL**

# CORE CONTENT AREAS

#### Literacy

Increasing vocabulary and language skills, comprehension and enjoyment

#### **Mathematics**

Beginning understanding of number concepts, patterns, and relationships

#### Science

Beginning understanding of physical, life and environmental sciences

#### **Social Studies**

Understanding of people, places and environments

#### **Creative Arts**

Understanding and knowledge of dance, music, drama and visual arts

#### **Motor Skills**

Developing skills for the coordination of movement, both small and large.

#### Technology

Exploring the basic skills of tools and technology

#### **Healthy Habits**

Understanding of healthy eating, physical and personal safety and building lifelong enjoyment of physical activities

#### **Body, Mind & Spirit**

Developing social skills, core values and a foundation of social responsibility





# ENRICHMENT CLASSES & PROGRAM HIGHLIGHTS

To enhance each child's learning experience, the YMCA includes these enrichment programs at no additional cost.

#### The Busy Backyard: An Outdoor Play Area/Classroom

Children enjoy the natural environment while their creative play and learning is enhanced with physical activity outdoors.

#### Water Play & Safety

Children are introduced to a safe aquatic environment where play time helps them become comfortable in and around the water. The PreK groups begin swim lessons to encourage stroke development.

#### **Fit Kids**

Kids stay fit through play and build the foundation of healthy habits while having fun. Children learn about the importance of taking care of their bodies.

#### **Youth Sports**

Children are introduced to a variety of youth and lifetime sports in a fun and non-competitive environment.

#### **Field Trips**

Preschoolers ride a school bus on their journey to several educational and fun field trips per year.

#### **Family Events**

- Entrance Conferences
- Christmas Program
- Mid-Year Conferences
- Spring Program or PreK Graduation

# **OUR STAFF**

Teachers are hired with education and experience in the early childhood field. Teachers are given access to ongoing educational opportunities and training. Teachers are selected that provide a warm and caring environment in which children are encouraged to explore and grow, while feeling safe and secure.

# OUR PRESCHOOL BUILDS THE FOUNDATION FOR YOUR CHILD'S INTELLECTUAL, SOCIAL, EMOTIONAL, AND PHYSICAL WELL-BEING.







# THE YMCA FAMILY NETWORK

When you are connected to the YMCA Preschool, you're connected to something much larger. A network devoted to children and families exists within the Y and extends throughout the city, state, and country. This network, 150 years strong, is committed to developing the total person spirit, mind, and body—through nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.

At the Y, strengthening families and community is our cause. Every day, we work side by side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive. From child care to youth programs to extraordinary camping opportunities, a healthy beginning at the YMCA Preschool can be the start of a healthy lifestyle throughout childhood and adulthood.

# How to Register:

- 1. Complete the online registration form and sign the online agreement form.
- 2. Pay the nonrefundable registration fee of \$40.



Scan the QR code to register online

If you have any questions or would like to set up a time to visit our Preschool please call Denise Harpestad at the YMCA, 507-345-9810. A confirmation letter will be emailed within two weeks upon receiving registration form and signed released form.

# MANKATO FAMILY YMCA

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